The NAR News

(Serving the Naval Air Reserve Point Mugu Community)

Vol 1 No. 2 Summer 2001

Naval Air Reserve Force Sailor of the Year 2001

again from Point Mugu

By JO2 Terry S. Wingate, COMNAVRESFOR Public Affairs Office

New Orleans, La. - The
Naval Reserve has named AW1
(AW/NAC) Daniel D. Garrett,
of Marin County, California as the
Naval Reserve Sailor of the Year.
Garrett is assigned to Patrol
Squadron Six Five (VP-65),
Point Mugu, Calif., as Wing
One Operation's Leading Petty
Officer, directing the activities of
74 aircrew personnel.

Garrett was selected from a group of six outstanding finalists.

"The Naval Reserve is not my job. It is not my hobby. The Naval Reserve is my passion," Petty Officer Garrett said with pride.

Garrett received meritorious promotion to Chief Petty Officer during the Chief of Naval Operations Sailor of the Year recognition week in July in Washington, D.C.

"They will go away from here much stronger just by spending this week together," Rear Admiral John B. Totushek, Commander Naval Reserve Force, said of the six finalists at the Reserve Sailor of the Year announcement ceremony.

The VP-65 "Tridents" primary



AWI(AW/NAC) Daniel D. Garrett of VP-65, Point Mugu, Calif., aboard one of "Trident's" P-3C "Orion" aircraft.

mission is anti-submarine warfare. The squadron's secondary missions include mine laying, shipping surveillance, reconnaissance and search and rescue. AWC Garrett now has the opportunity to represent the Naval Reserve at several functions and policy boards. "This achievement is largely made possible by the support I receive from my colleagues, my supervisor and the company. They all have pro-reserve policies," he said. Garrett presented Rudi Varro a "My Boss Is A Patriot" Certificate of Appreciation for his on going cooperation and encouragement for Garret's Naval Reserve activities.

Employer Support of the Guard and Reserve, (www.esgr.org), is a non-profit organization that promotes cooperation between civilian employers and Reserve members.

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From The Cockpit-

Congratulations to all the Chief Petty Officer Selectees! This major milestone in your careers was the result of a lot of hard work, time and effort. Good luck during your CPO indoctrination. I am looking forward to serving with you in your khakis!

I, along with unit Commanding Officers and the Khaki leadership, attended a very worthwhile Manpower Summit in June in Ft Worth, Texas. Over 1400 people from the West Coast were there. Vice Admiral
Totushek covered the
Naval Reserve's Top
Five Priorities: 1.
Manning, 2. Training,
3. Equipment, 4.
Force Shaping, and 5.
Fleet Support. A
question and answer
session with the Force
Executive Steering
Committee followed.

The Manpower
Summit focused on our
number one priority Manning. In short,
Naval Reserve Recruiting is struggling to meet
their goals. Retention of
our trained sailors is a
key to readiness and

taking care of our people and their needs is the best strategy. The Non-Prior Service Program is intended to take up the slack. Subjects covered included: Retention. Reserve Recruiting, Basic Manpower (101), Force Shaping, Career Decision Survey, and Non-Prior Service Program. Your CO's should cover the topics in more detail with you. Congress approved a third star for all U.S. Reserve Force service heads to put them on a more level playing field with the active duty when it comes to appropriation of funds. There-Commander. fore,



Capt. Kevin J. Sullivan

Naval Reserve Force was recently promoted and is now Vice Admiral Totushek. Also, Commander, Naval Air Reserve Force received his second star and is now Rear Admiral (Upper Half) McLaughlin. *Capt. Kevin J. Sullivan*

CMC Speaks

It's that time of year when we congratulate and welcome our new **Chief Petty Officer Selectees** to the CPO ranks. I would like to congratulate our selectees: From NAR: HMC Marple, ACC Kottke, SKC Armstrong, and ETC Dockum. From VP-65: ATC Landon, ATC Vadnais, AWC Symes, AOC Wilcox. From HCS-5: ABHC Nosco and ATC Millis. From VR-55: **AEC Duncan, AMC** Weigand, PNC Garcia, AMC

Gwilliam, ADCWhite.

Our recruiter: NCC Chavez. They are all well deserving and we are very proud of each one of them. One of the proudest days in an enlisted individual's naval career is the day a first class petty officer dons the khaki uniform and is accepted into the Chief Petty Officer's community.

Did you know that during the Revolutionary War, Jacob Wasbie, a Cook's Mate was promoted to Chief Cook in 1776, but it wasn't



AFCM Robert T. Peyton until April 1, 1893 that that the official grade of Chief Petty Officer was established.

The question is always asked; "Who was the first Chief Petty Officer?" Answer: There was no first CPO because ratings carried as Petty Officers First Class from 1885 were The NAR News
Commanding Officer
Capt. Kevin J. Sullivan
Executive Officer
CDR Perry L. Schmidt
Public Affairs Officer
Editor
Marilyn Moore
Photographer
PH1 Mark Foughty

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Local Reserve News

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VP-65 Change of Command

By Lt. Cmdr. Kilroy, USNR, (VP-65)

In a change of command ceremony held on August 11th in the VP-65 hangar, Point Mugu, California, Cmdr. Carl R. O'Connell assumed the role of Commanding Officer, Patrol Squadron Sixty-Five (VP-65), relieving Cmdr. Jacob A. Harrison.

The change of command was highlighted by the presentation of the Meritorious Service Medal to Cdr. Harrison by Captain David Montgomery. As guest speaker, Capt. Montgomery, Commander Reserve Patrol Wing Pacific, strongly praised the members of VP-65 for their neverending dedication and their outstanding professional accomplishments before presenting the medal.

Signed for the President by the Chief of Naval Operations Admiral Clark, the citation read in part, "Under his superb guidance, VP-65 achieved the following: Retention Excellence Award 2000; more than 30 years and 103, 000 hours of Mishap Free flight evolutions. Additionally, VP-65 dedicated more than 40% of its flight hour program to direct Fleet contributory support and reduced regular Navy Fleet operational tempo by 7500 man-days. Additionally, despite an austere fiscal climate, Commander Harrison's astute guidance was an essential element to maintaining fully mission capable aircraft and mission capable aircraft availability rates well above Chief of Naval Operations goals, respectively."

In his remarks, Skipper Harrison had the highest praise for his men and women who served with him since early 2000. He noted the command's "people first" culture was the



Photo by PHI Michael Moriatis, USNR

Cmdr. Jacob A. Harrison, USNR, delivers his farewell address to the men and women of Patrol Squadron 65.

defining key to every squadron success. "This Meritorious Service Medal is a testament to the dedication of all the sailors that compose Team Trident!"

Harrison, along with wife Kathleen and their children Sydney (5 years old), and Jacob (3 years old), live in West University, Texas. In his civilian life, Harrison is an airline pilot for Northwest Airlines.

As the new skipper, Cmdr. Carl R. O'Connell has served in VP-65 as the Executive Officer before assuming command, thanked the VP-65 personnel for their professionalism and esprit de corps. Additionally, he stressed that safety is paramount to mission effectiveness both on the ground and in the air. O'Connell, who has been with VP-65 for more than five years, is

a native of New Brunswick, NJ. He is a commercial pilot for American Airlines based in Los Angeles, CA. He is married to the former Michele Harris of Scottsdale, AZ, and they are the proud parents of three girls: Madeline (7), Bridget (6), and Meghan (5). The O'Connells reside in Camarillo, CA.

Cmdr. Raymond U. Waurio, USNR, is the incoming Executive Officer and will report in December 2001. He is a native of Chicago, IL, but grew up in Michigan. Waurio is married to the former Mary O'Connor of Kalamazoo, MI. They reside in Port Hueneme, CA with their four sons: Joseph, Mark, John, and Thomas.

The interim Executive Officer will be Cmdr. Steven Mooney. He is a native of Batazia, NY and resides in Santa Clara, CA.

Hail Cmdr. Perry L. Schmidt, NAR XO

Cmdr. Perry L.Schmidt, a native of Mansfield, Washington, graduated from Pacific Lutheran University with a Bachelor of Business Administration. Following three years with a public accounting firm he was accepted into the Aviation Officer Candidate School program and received his commission in November 1981 and subsequently designated a Naval Aviator in April 1983.

Schmidt's first operational assignment was with VAW 116, where he flew the E2C Hawkeye and served in the Administration, Maintenance and Training departments aboard the USS Ranger and the USS Kitty Hawk.

In November 1986, he reported to VAW 110 as a Fleet Replacement Squadron instructor. In addition to instructor duties he served as Avionics Division Officer and Schedules Officer. In October 1989, he accepted transition to the Training and Administration of Reserve program and remained on board VAW 110 serving as the Squadron Augment Unit Program Manager and alternate Commander Naval Air Pacific NATOPS evaluator for the E2C.

In June 1991, reported to Naval Air Reserve Center Miramar as the Administration/ Reserve Services Officer and Augment Unit Program Manager.

Schmidt reported to VAW 88 in December 1994 and served as the Training Officer and later as the Maintenance Officer. During

"I'm looking forward to the next three years serving as Executive Officer, said Cmdr. Perry L. Schmidt, "Following the recent Assist Visit comments from the New Orleans staff, I am convinced NAR Point Mugu is the finest Naval Air Reserve in the country. With our great staff and all the fresh strawberries one can eat, this is going to be a fine tour of duty."



Cmdr. Perry L. Schmidt, USNR

his tour, he made counternarcotic deployments to Guantanamo Bay, Cuba and Key West, Florida.

Following disestablishment of Carrier Air Wing 30, he was assigned to Commander Naval Air Force Pacific staff as Assistant Reserve Liaison Officer.

In August 1995, he reported to NAS Atlanta and helped establish VAW-77. As a "plankowner" he served as the Squadrons first Operations Officer and later as the Maintenance Officer. He coordinated two detachments to Roosevelt Roads, Puerto Rico serving under Joint Interagency Task Force counter-narcotics operations performing missions through out the Caribbean AOR. In August 1997 Schmidt re-

ported to Naval Air Reserve San Diego where he assumed duties of Manpower Officer followed by duties of Reserve Program Director. In March 2000 he was temporarily assigned CV/CVN Augment unit coordinator and Assistant Reserve Liaison Officer on the COMNAVAIRPAC Staff.

In August 2001 Commander reported to Naval Air Reserve Point Mugu as Executive Officer.

Schmidt is authorized to wear the Navy Commendation Medal, Navy Achievement Medal (3 awards) and numerous campaign and service awards.

Schmidt is married to the former Carol Szafranski of San Diego, California. They have 3 children, Karl, Kaylyn and Brandon and reside in Oak Park, California.

Efforts to eliminate Fraud, Waste, and Mismanagement By Mostafa M. Gad, CGFM

Fraud, waste, and mismanagement of resources, such as theft or misuse of government property and conflict of interest, are serious matters, which increase costs to the government and reduce resources needed to support the operating forces. The concern for accountability is embodied in U.S regulations and has been stated in many Department of the Navy (DON) directives.

Definitions:

Fraud: Any willful or conscious wrongdoings that adversely affect the government interest. It includes, but not limited to, acts of dishonesty, which take unfair advantage of the Government. Examples of fraud or illegal activity: Falsifying records of accounts, charging personal expenses to the government, intentional mischarging or misallocation of contract costs, bribery, theft of government property, conflict of interest, acceptance of gratuities, and conspiracy to engage in deceptive transactions.

Waste: Is extravagant, careless, or needless expenditure of government funds, or the consumption of government property that results from unintentionally deficient practices, systems, controls, or decisions. It also includes improper practices not involving prosecutable fraud.

Abuse: Any wrongful or improper use or any improper practices not constituting fraud or waste which violate statues, regulations, or management practices, systems, controls, or decisions.

Potentially fraudulent transactions GAO auditors have cited: Instances of unauthorized personal purchases at Navy installations in Southern California involving at least \$660,000 in personal purchases such as cosmetics from Mary Kay and Nordstrom, clothing and electronics from Macy's, and Circuit City, CD recordings from Sam Goody with estimated amount of \$14000.00 using IMPAC purchase card.

Military personnel did personal shopping at the Home depot, partied at Hooters and Bottoms Up nightclubs and charged personal items like DVD players, computers, and pet supplies to their government credit cards. Bank of America has been forced to write off \$59 million in fraudulent debts from military cards. The case of a Marine sergeant who ran up \$20,000 in charges, then left the service - and the bill unpaid. His credit card for travel, issued in March 2000, was restricted because he had a questionable credit record. His bosses soon quadrupled its limit from \$2,500 to \$10,000. The bank issued a fraud

warning in August 2000 after suspicious activity on the card, but the Marine raised the credit limits twice more to \$25,000. The Sgt. eventually made two cash withdrawals from the card over two months totaling \$8,500. Since he left the service, the bank was forced to write off the debt as a loss. Investigators believe at least 30 compromised credit cards were used by 27 suspects to make more fraudulent purchases involving pizza, jewelry, phone calls, tires and flowers, the GAO draft said.

Potentially wasteful transactions: Items under investigations include purchases of items supposedly for official use but rather than merely to satisfy the personal preference of individual personnel. Items such as flat panel monitor costing \$2,300 instead of opting for standard \$300 monitor, personal digital assistance costing \$250-\$900 (e.g. Palm Pilots) and designer briefcases costing \$400.00 each. Potentially abusive transactions: GAO report identified, one case involved flower costing \$97.00 purchased for Secretary's Day. Auditors also cited several transactions for employee-related activities, including food costing \$75.00 for an office outing.

Conclusions:

The serious breakdown in internal control cannot be tolerated. All military and civilian personnel are charged to conform to standard of conduct as prescribed by U.S regulations, Uniform Code of Military of Justice, and other pertinent government laws and guidelines. Personnel having knowledge of potential fraud, waste and inefficiency or related improprieties shall report such violations. Report of violations should be made through published Hotlines numbers, Commanding Officer and Command Evaluation (CE) office.

Hotline Numbers

Commanding Officer, NAVAIRES/LACAIR CE, NAVAIRES /LACAIR

805-989-487 Private line 805-989-7423 DSN 351-7423

E-Mail: gadmm@nbvc.navy.mil

COMNAVRESFOR 504-678-1324 DSN 678-1324

In unusual circumstances or when anonymity is desired, reports may be made directly to:

COMNAVRESFOR Letter Report: Commander, Naval Reserve Force

Inspector General (Code 002)

4400 Dauphine Street New Orleans, LA 70146-5046

Email: cnrf002@cnrf.navy.mil

Other Numbers

DON Toll Free 1-800-522-3451 DSN 288-6743/6842 DOD Toll Free 1-800-424-9098 DSN 223-5080 NAVY Exchange 1-800-221-6330

MMF Alpha Super Sailors Complete AT Project



Petty officers (from left to right) Rinaldi, Gaeta, and Gibson prepare a trailer for displacement.

A model Sailor in a deploying NR unit

Story By AN Edward Luchetti, USNR

With the better part of a century of combined service to the U.S. Navy, Petty Officer First Class Jeffrey A. Hall and his family understand and have experienced the U.S. Navy's Core Values of Honor, Courage and Commitment. His family's history and that of the Navy's profoundly coincide. His great Grandfather was a commodore. His father was a decorated Navy lieutenant combat pilot killed during a mission. A brother was also a lieutenant and a naval flight officer. His uncle, an E-7 who encouraged him to join the Navy, retired as a Chief Petty Officer after 26 years with the Navy. A cousin served the navy as an E-5 in the capacity of a Nuclear power plant technician.

AT1 Jeffrey Hall gives a safety demonstration at the beginning of Mobile Maintenace Facility EPAC 2001 Annual Training.



COMMUNICATESFOR

MOBALE PROLITY

COMPLEX LEGG

Costar of MMF A's "Big Refiguration"; "Wilma," a 20-ton forklift, operated by AS2 Mike "Bhudda" Bowen.

Photos By PH1 Mark Foughty, USN

JMJ233

However, his career in the Navy almost didn't happen. The Overland Park Kansas native had already shown a strong commitment to public service at Shawnee Mission South High School (Class of '82) where he distinguished himself in community service and extra-curricular activities, including assisting senior citizens with odd jobs and competing with his High School swim team in the state finals. As a part time college student with a couple of part time jobs, he determined to do something more meaningful; he resolved to join the Navy. In the winter of 1983, at the Kansas City,

Kansas Military Entrance Processing Station (M.E.P.S.) he made it clear that he would only accept an Avionics rate; he was told that all of those billets were filled. He absolutely insisted on an Avionics rate. After a few hours of persistence on Hall's behalf, a Petty Officer finally found an Avionics rate in the Training and Administration of the Reserve (TAR) program. Hall gratefully vowed to stay in for 20 years.

"Hall's continuing commitment is evident as he simultaneously holds down several jobs at Mobile Maintenance Facility Alpha (MMF A) where, needless to say, he is

MMF, cont. on page 7

The Reserve Around the Fleet

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MMF, cont. from page 6

MMF Alpha vans on the move at Point Mugu



Bottom Left and right: "Fred" and "Wilma" Forklift operators, stars of NR MMF Alpha's van reconfiguration, safely lift and move them into place.

indispensable," said MMF program manager Lt. Cmdr. Kurt H. Statts. "It's hard to imagine anyone accomplishing as much in so many different tasks and doing them as well as AT1 Hall. For example, he serves the unit in several jobs: As the Command Career Counselor he handles transfers, advises individuals on career path issues such as education and advancement, answers questions, and counsels airmen on officer programs, education, and advancement"

In his capacity as training petty officer, he maintains records for both the unit's TARs and Selected Reservists (SELRES). He is also the Annual Training (AT) Coordinator and is responsible for rescheduling drills, and scheduling and tracking SELRES annual



training to completion. As Sponsor Program Manager, he sends welcome-aboard letters, information packages, and orders to new airmen assigned to the unit. In his rate capacity he maintains a AN/USM-449 A(V)4, which is a test bench to evaluate avionics components of the P-3 aircraft for Patrol Squadron 65 (VP-65).

As the network program Security Manager, he assigns local area network passwords and is responsible for maintaining network security.

Acting as the Leading Petty Officer (L.P.O) in AE1 Robert A. Steffenson's absence, he is in charge of liaison between the chiefs and officers, and is also in charge of the muster. "I guess you could say it's the civilian equivalent of being a foreman," Hall said.

Asked about his high level of commitment and dedication he merely shrugs and says "If you are very organized, you prioritize your responsibilities well and you're able to accommodate the unexpected. Then anyone could handle as much. Some people have just as many responsibilities with just one job. But I do put in a good day's work every day."

"It is obvious that AT1 Hall has an invaluable and innate ability to create 'happy customers,'" said Commanding Officer, Cmdr. Michael R. Finn. "— apparently, everyone who interacts with Hall seems to walk away with the feeling that they were listened to by someone who has a high regard for them and their shared mission at MMF ALPHA."

Congratulations To all the outstanding personner at Local Area Commander for Air (LACAIR) Point Mugu To all the outstanding personnel at

MERITORIOUS SERVICE MEDAL

AVCM (EAWS) Mardon Connelly CV-SW 0376 CDR Joey Sparks **NAVAIRES**



NAVY AND MARINE CORPS COMMENDATION MEDAL

PH1 Bryan Burdick JO1 Sharon Dewar **AC1 Mark Gross** CDR Jonathan Howe CDR Randal Kasamoto

AM3 Edmund Marcinak



VP-65 **NAVAIRES NWTS 0176 NAVAIRES** CV-SW 0376

NAVY AND MARINE CORPS

ACHIEVEMENT MEDAL

AW1 Paul Baker **NAVAIRES** AW1 Michael Fothergrill VP-65

YN1 Geraldine Gamble **NAVAIRES**

HM2 David Gomez **NAVAIRES** AZ2 Mary Harden MMF-A

AE1 Michael Herren NARCEN SAN JOSE IT1 Audie Hudnell VP-65

LCDR Jon Hum CV-SW 0376

AS1 Bonifacio Kawi MMF-A LT Timothy Milton **NAVAIRES**

PH1 Kim Mclendon COMCAMLNT 0376

NAVAIRES

YN2 Jeanne Pope **NAVAIRES** AZ3 Franklin Navarro MMF-A AE1 Robert Steffenson MMF-A

AE1 Larry Warner NARCEN SAN JOSE

MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL

HM1 Earl Marple **NAVAIRES**

SOY...Best of the best (cont.from page 1)

Petty Officer Garrett is a biochemist in his civilian work. He has received ten certificates of appreciation for his outstanding work in the development of cutting edge technology in the area of Medical Diagnostics. When not on Reserve duty, Garrett has been the treasurer for a national non-profit organization; volunteered in excess of 384 hours in support of the Pacific Autism Center for Autistic Children; and participated in the FAA's "Young Eagle" program designed to introduce aviation to children by providing introductory flights.

Garrett is a 1983 graduate of

the University of California-Riverside and works as a Development Scientist on the Cytometric Bead Array product line (http://www.pharmingen.com/newprod/cba_npa.shtml) as part of a cooperative effort between BDB-Pharmingen in San Diego and BDB-Immunocytometry Systems in San Jose.

Where is Dewar now?

Email from Panama

Editor's note: Since Sharon Dewar left the Navy, she occasionaly reports back to NAVAIRES, this time from the the jungle.

Hi!

Where do I even begin in telling you about Panama so far? First of all, these first two weeks feel like at least a month or two! I am definitely living in the field! I live in a little hut called a bohio, which is basically made of bamboo with palm leaves as a roof. I sleep in a cot with a flimsy mosquito net, and the toilet is nothing more than a chair with hole in it placed over a muddy trench — not even an outhouse! Just a chair with tarp around it.

We bath and wash our clothes in a lake, which we have confirmed DOES, for sure, have crocodiles in it — as we witnessed about an 8-footer the 3rd night on the island. Supposedly we're safe if we only use the lake mid-day — but how can you ever feel all that safe when you know crocs are in the area??

We've witnessed quite a bit of wildlife here in the jungle...from tarantulas, to mutant size roaches, to agoutis, sloths, toucans, parrots, and of course monkeys — the last five species being of course the more exciting of our findings! :-)

What was really exciting the first week, has become so routine now that it's almost lost its novelty. For instance, the first couple days we were here a couple parrots flew down into our bohio and were hanging out with us — it was weird and cool. Now, however, the parrots are so adapted to humans that they fly onto the table at dinner and fight you to get on your plate — not so cool anymore! I'm actually shooing away parrots because they are a nuisance — how weird is that??

Sharon Dewar, shown here bathing in a lake in Panama (that also has crocodiles) along with other researchers.

While stationed at NAR Point Mugu, she volunteered to work with the animals at the Santa Barbara Zoo.

Dewar is now employed at the San Diego Zoo and works in the public relations office.

The monkeys are cute, but they can definitely be frustrating to observe for four hours a day. The tamarins are about the size of squirrels, and just as active! They run around like crazy and go very high in the forest canopy — makes it very difficult to watch them closely and note different behaviors every two minutes — no wonder there isn't much research on this particular species!:-)

Our experimental variable for our research is that we introduced two howler monkeys to the island where the tamarins live to see how their behavior changes due to the howlers presense. The howlers are both juveniles and they are just adorable!! I wish I was studying them and not the tamarins!:-)

I get along well with the other 11 students, but this past week has been difficult on everyone. It's hard enough being around people 24 hours a day with no break or alone time, but then we also have a TON of work required of us. This past week we had to read an entire text book on statistics and research methods



cover to cover, work in the field and do data analysis five hours a day, do research for and start writing our research papers, sit through lectures every night — after a hard, long day, and then we had a test on the contents of the entire text book on Friday — not a whole lot of relaxation time for sure...

This experience has been really good though...and it definitely gives me insight into what fieldwork is all about...but I honestly think when this month is over I will really, really be ready to be home in a soft bed, in the comforts of the modern world:-)

This weekend we are at the Panama campus in Panama City as a break from the field — and we really do need a break. We are all a bit cranky!

Well, I'm gonna get outta here and maybe take a tour of the city. I just thought I'd let you know that the mosquitos have not completely devoured me yet— although they seem to be trying!

Talk to you soon, Sharon

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CMC, cont. from page 2

automatically shifted to the Chief Petty Officer level. The first CPO's received from \$30 to \$50 per month! The pay grades of Senior Chief Petty Officer and Master Chief Petty Officer were created in 1958.Our new selectees will go through the sometimes misinterpreted "initiation season" from now until September 14th when they will put on the Khaki's. During this time, they will learn

about Navy heritage and tradition, or, in other words, learn from those who have gone before us. They will learn leadership techniques used by Chiefs for the past 100 years. It's also a time for current Chiefs to renew their commitments and to strengthen the CPO Mess. You all can be reassured that these new Chief Petty Officers will be the best Chiefs yet and fully able to lead

and teach our junior Sailors and junior officers as well. Our Quality Improvement Visit with the staff from CNARF went very well and it is because of all of you that we did so well. Thank you and congratulations on a job well done!

Have a great summer, be careful, and be sure to spend some quality time with your families.

AFCM Robert T. Peyton

TIDBITS

DAPA info on ecstasy --

Ecstasy is an addictive, mindaltering and potentially deadly drug. It is an amphetamine-based drug with psychedelic properties that has gained popularity over the past decade among adolescents and voung adults who frequent raves (large, all-night dance parties), allnight clubs, and concerts. Ecstasy has an extremely high potential for abuse and has no accepted medical use in the United States. It is listed as a Schedule I "controlled substance", making use, possession, supply, or production illegal. Ecstasy (MDMA) is most often available in tablet form, which vary widely in color and size. Generally, the size is similar to an aspirin tablet. These different "brands" of Ecstasy are sold under different names. The early ones were called "Love Doves" and "New Yorkers". Some of the current brands being sold are "007", "Camel", "Butterfly", "Crown", "Heart", "JB", and "Star". In its purest form Ecstasy (MDMA) is a crystalline powder and is sometimes snorted, occasionally smoked, and rarely injected.

More information on Ecstasy abuse can be obtained from:
National Institute on Drug Abuse website: www.drugabuse.gov or call toll free 1-888-644-6432.

2001-2002 DRILL SCHEDULE "ALPHA Units" "BRAVO Units" SEPTEMBER 01 8-9 22-23 OCTOBER 01 6-7 20-21 NOVEMBER 01 3-4 17-18 DECEMBER 01 8-9 1-2 26-27 JANUARY 2002 12-13 9-10 23-24 FEBRUARY 02 23-24 MARCH 02 9-10 APRIL 02 6-7 20-21 MAY 02 4-5 18-19 JUNE 02 8-9 22-23 JULY 02 27-28 13-14 AUGUST 02 10-11 10-11 SEPTEMBER 02 7-8 21-22 **ALPHA UNITS BRAVO UNITS** VP-65 Wing I VP-65 Wing II **VR-55** MOCC EPAC 0176 CVSW 0376 ABFC FMP MMF A COMCAMLANT 0376 FP LEPSU 0176 NMC SDIEGO 619 **NWTS 0376** NAVAIRSYS 1376 Check for the latest information on any VTU 7676 changes on the NAR PM website NWTS 0176 CL http://nar.mugu.navy.mil/ NAWC WD 0276 CL